

*Sabr  
Shukr  
Sukoon*

A SERIES

BY SAMIHA KHAN WAHEED



DEDICATED TO MY PARENTS, MY SISTERS AND MY HUSBAND  
WITHOUT WHOM I WOULD NOT BE THE PERSON I AM TODAY.

THE LIGHT THAT SHINES FROM ME IS ONLY EXISTENT WHEN  
IGNITED BY YOUR LOVE & SUPPORT.

THANK YOU ALL.



THE 3 CURATED GRAPHIC ART PIECES YOU ARE ABOUT TO EXPERIENCE ARE COLLAGES OF PATTERNS AND ILLUSTRATIONS I'VE DISCOVERED OVER THE PAST COUPLE OF YEARS. FOR THOSE WHO KNOW ME, MY PASSION FOR THE BEAUTY OF CREATIVITY IS EVIDENT; APPRECIATING BEAUTIFUL THINGS AND INTRICATE DETAILS BRINGS ME HAPPINESS AND PEACE. I OFTEN FIND MYSELF SCROLLING THROUGH ILLUSTRATION AFTER ILLUSTRATION, EACH ONE DELIVERING A RUSH OF DOPAMINE. INSPIRED BY THIS, I DECIDED TO TRANSFORM SOME OF THESE WORKS INTO MY OWN ILLUSTRATIVE ART.

MY PERSONAL DEPICTION OF THOUGHTS I HAVE HAD AS I BRANCHED OUT ON MY PATH TOWARDS CREATING A LIFE IN A NEW PLACE, AWAY FROM EVERYTHING I ONCE KNEW. I FOUND THAT IT WAS EASY TO GET LOST BETWEEN WHAT I KNEW, WHERE I'M FROM AND WHO I AM NOW. WHILE I AM STILL ON THE JOURNEY TO FIGURE OUT THIS IDENTITY, I FOUND MYSELF ALWAYS RECITING AND HOLDING WORDS LIKE "SABR", "SHUKR" AND "SUKOON" CLOSE TO ME.

THE PAST 3 YEARS, HAVE COME WITH MORE JOY THAN I COULD HAVE EVER IMAGINED, BUILDING A LIFE WITH MY BEST FRIEND. HOWEVER, THEY ALSO PRESENTED CHALLENGES AND I FEEL LUCKY TO BE ABLE TO BRING THE CHERISHED TEACHINGS OF MY UPBRINGING, WITH ME.



# Chapter I



“SABR,” MEANING PATIENCE, IS A TERM I ENCOUNTERED FREQUENTLY DURING MY CHILDHOOD.

HOWEVER, IT WASN'T UNTIL I FOUND MYSELF DISTANCED FROM THOSE (MY PARENTS) WHO INSTILLED THE LESSONS OF SABR THAT I TRULY BEGAN TO REFLECT ON ITS SIGNIFICANCE. MY CURATED DEPICTION OF SABR ENCOMPASSES ELEMENTS OF PRESTIGE, VIBRANCY, JOY, AND THE BEAUTY INHERENT IN WORSHIP AND OUR DEEPEST DESIRES. OFTEN EXPRESSED THROUGH OUR DREAMS AND GREATEST ASPIRATIONS. BY PRACTICING SABR, WE CAN ATTAIN THESE GOALS AND, ULTIMATELY, LEAD US TO “SUKOON.”



# Chapter II



“SHUKR,” MEANING GRATITUDE, SERVES AS THE GLUE THAT BINDS EVERYTHING TOGETHER. I OFTEN FIND MYSELF HEARING MY FATHER’S VOICE IN MY HEAD TELLING ME “YOU MUST GIVE SHUKRANA TO ALLAH TA’ALA”

EMBRACING THE PRINCIPLE OF SHUKR AND EXPRESSING GRATITUDE TO OUR CREATOR IS PARAMOUNT.

I FIND A PROFOUND SENSE OF “SHUKR” EVEN IN THE FACE OF MY TOUGHEST CHALLENGES. SHUKR IS ILLUSTRATED THROUGH LAYERS OF BEAUTY, BLOOMING FLOWERS, AND INTRICATE DETAILS. A STARK FAULT LINE RUNS THROUGH THE CENTER, SYMBOLIZING THE BEAUTY THAT EMERGES FROM OUR STRUGGLES AND ILLUSTRATING HOW THE PRACTICE OF GRATITUDE CAN TRANSFORM OUR PAIN INTO RESILIENCE.



# Chapter III



“SUKOON” MEANING ULTIMATE PEACE; TRANQUILLITY. WITH “SABR” AND IMMENSE “SHUKR” I BELIEVE WE CAN ACHIEVE “SUKOON” AREN’T WE ALL ON A QUEST FOR THIS INNER PEACE, REGARDLESS OF WHERE WE ARE IN LIFE? I OFTEN EXPERIENCE FLEETING MOMENTS OF SUKOON, ESPECIALLY WHEN IMMERSED IN ALLAH’S NATURAL CREATIONS. AND, I MUST ACKNOWLEDGE THAT DEZI AND DASH (MY PUPPIES) HAVE SIGNIFICANTLY INFLUENCED MY UNDERSTANDING OF FINDING SUKOON IN OUR SURROUNDINGS; THEY EMBODY THE PURENESS OF BEING ALLAH’S CREATIONS, CONTENT WITH WHAT THEY HAVE AND WANTING NOTHING MORE. SUKOON SURROUNDS US; WE JUST NEED TO SEEK IT. SUKOON IS DEPICTED THROUGH REPEATING PATTERNS AND A CONSISTENT DEEP TRANQUIL RED HUE RUSHING THROUGHOUT THE ILLUSTRATION. IT IS SIMPLE, SOUND AND IT FEELS LIKE SUKOON.